

LMSA Sailing Instructions Wednesday Nights/Saturday Afternoons

- 1) Racing will be governed by the most current Racing Rules of Sailing (RRS) – available at [https://www.sailing.org/tools/documents/WSRRS20212024FinalwithChgsandCorrecns201113-\[26798\].pdf](https://www.sailing.org/tools/documents/WSRRS20212024FinalwithChgsandCorrecns201113-[26798].pdf)
- 2) These rules will be utilized for weekly club fleet races.
- 3) Any LMSA member may race in weekly club fleet races; however, individuals who are not members of ENSA or INSA will not be included in annual scoring of those associations.
- 4) Race participants and the RC will make a best effort to have the first race countdown start promptly at 6:00 pm on Wednesdays and 1:30 pm on Saturdays.
- 5) The length and number of races each race day should be wind dependent with the target of 3 races on Wednesdays and 4 races on Saturdays with each race ideally 30- 45 minutes in length. No race should start on Saturdays after 4:30 pm.
- 6) Notice of Race: This document with the published schedule constitute the notice of Race. The races run mid-May to mid-October. The racing schedule can be found on the LMSA calendar - <https://www.sailmanawa.com/calendar-of-events/>
 - a) Races will not be held on a Saturday when a Regatta is scheduled for that date.
 - b) Races will not be held on the Saturdays of Memorial Day, Independence Day or Labor Day weekends.
- 7) Racing Communication and Announcements: The “GroupMe” app will be utilized by RC and racers for communication on race days. Contact Jesse Shumaker or Teresa Silence to be added to the racing group in GroupMe.
 - a) There must be three positive/committed responses 3 hours prior to scheduled race start (by 3:00 pm Wednesday and 10:30 am Saturday) or races will be cancelled for the day.
 - b) All cancellations and postponements will be announced via GroupMe.
 - c) Skippers’ meetings will be announced via GroupMe. All meetings will be in the pavilion unless otherwise specified.
- 8) Any Skipper who is not a member of ENSA or INSA should check in with the Race Committee (RC) prior to the start of the first race.
- 9) The Courses
 - a) The target starting line orientation should slightly favor the pin with 7 degrees above square with the wind and the finish line square with the previous rounding mark.

- b) All marks shall be left to port.
- c) In the event of significant changes in wind direction , a reasonable number of attempts shall be made to reset the course marks as may be necessary to ensure that the start line is reasonably close to the designated angle to the upwind mark
- d) Course number will be displayed on the stern of the RC boat prior to the warning signal for the next class of boats starting. The course number shall not be changed after the starting sequence of signals has commenced. Each skipper is responsible for checking the course number before the start of each race.
 - i) Courses are listed in Appendix A.
 - ii) If RC displays a + in the upper right-hand corner of the course sign, Multihulls will add a windward/leeward lap to courses 3, 5, 6, and an additional triangle to courses 4 and 7.

10) The Start

- a) The RC shall start the races in the manner set forth in the RRS, with the “P” flag normally used as the preparatory flag unless the RC determines that multiple general recalls require the use of the penalty flags provided as alternatives to the P flag. The participants are advised to pay attention to the choice of flag used by the RC as the preparatory flag.
- b) Separate class starts will be contingent upon an adequate number of boats and at the discretion of the RC, which may require a single start for all classes. General guidelines for separate class starts are as follows:
- c) There are four currently recognized classes of participants, designated according to type or recognized one design class, namely, Multihull boats, Snipe class boats, open class dinghies (under 900 pounds in displacement), and open class cruisers (over 900 pounds displacement) Other additional classes may qualify as a class if three or more one design boats of the same class request and are granted such recognition by the RC. All such classes with three or more participants intending to enter a race will be given their own start provided that any boat not in a class with at least three participants may start with whatever class they desire or as the RC may direct.
 - i) The order for starting for multiple class starts is 1) Multihulls, 2) Open Monohulls, 3) Snipes and 4) Cruisers
 - ii) RC will display the number of starts on the starboard bow of the RC boat.
 - iii) The class flag (first flag displayed in the start sequence) will indicate the next class starting. See Appendix B for class flags.
 - iv) Only boats in the starting class(es) may be in the starting area during the entirety of the start sequence for the starting class(es). The starting area is defined as 5 boat lengths windward and leeward of the starting line and 5 boat

lengths out from each end of the line. Please be courteous and keep clear of this area until your class is starting.

11) The Finish

- a) In the event the RC determines that they cannot, or will not, otherwise be able to accurately record the race results for want of certainty as to which boats crossing the finish line are actually finishing, the RC shall establish a finish line to windward of the upwind mark or to leeward of the downwind mark or choose the option of a single start for all classes
- b) Boats retiring before another race shall make a best effort to advise the RC and other boats.
- c) Boats, which have not finished within 15 minutes after the first boat in class finishes, may be finished in place at the discretion of the RC.

12) Safety

- a) For high wind days where a safety boat would be advisable, the ENSA and INSA commodores will attempt to locate individuals to run a safety boat during races; however, availability of a safety boat cannot be guaranteed. If, in the opinion of the RC, weather conditions appear to prevent safe starting or continuation of a started race, the RC should by appropriate signal, abandon the race.
- b) Racers should not sail if winds exceed their skill level. Racers should understand and take into account the physical characteristics and handling limitations of their own boat as well as the other participants' boats and control their boats in a courteous, safe and seaman like manner. The RRS shall apply between all participants whether or not in the same class or in the same race.
- c) Racers will be required to wear coast guard approved personal flotation devices (PFD) if the RC displays the Yankee flag (red and yellow diagonal stripes). Wearing a PFD is recommended at all times while sailing; when winds are over 15mph or if winds are gusting over 20 as determined and signaled by the RC, use of a PFD will be required.

13) Scoring and Penalties

- a) Wind adjusted Portsmouth handicaps shall be used for open class and Cruiser class scoring.
- b) Catamarans need only complete a 360 penalty where the penalty would require a 720.
- c) The Race Committee reports race results for the top three in each race to the sports section of the Omaha World Herald.
- d) Race Committee will promptly forward the results to the scorekeepers of each racing class who will endeavor to provide weekly updates. It is the responsibility of ENSA and INSA to maintain the current standings of members within their respective organizations.





- e) In the event of a protest and/or claim for redress remaining unresolved within one hour after races are finished the RC shall form a protest committee comprising one member of the RC and two disinterested racing skippers. In hearings involving more than one racing class, the protest committee shall include one member from each affected racing class, if possible. An unfavorable outcome after a protest hearing will be a disqualification and scored accordingly.
- f) ENSA/INSA specific scoring
 - i) Only members of the fleets will be scored in fleet standings.
 - ii) All boats in or starting with, the Open class or Cruiser class will be scored with their handicap as well as order of finish. Seasonal or regatta awards will be awarded by applicable class organizations, currently, INSA, ENSA, Cruisers, or on special occasions by LMSA.

APPENDIX A LMSA RACE COURSES

No	Course Name	Course	Finish
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2	Up and Back	S A F	DW
3	Windward/Leeward 1 Lap	S AC F	UW
4	One Triangle	S ABC F	UW
5	W/L 2 Laps	S ACAC F	UW
6	Olympic	S ABCAC F	UW
7	Two Triangles	S ABCABC F	UW
8	W/L, Then Up and Back	S ACA F	DW

W/L = Windward/Leeward S = start A = weather mark B = reaching mark
 C = leeward mark F = finish DW = downwind UW = upwind

APPENDIX B
CLASS FLAGS

Flag	C l a s s
	Catamarans
	Snipe
	Monohull Dinghies - includes Snipes if there is no separate Snipe Start
	Keelboats